

General Scottsdale Summer Pool Hours

Call your specific pool for details or visit <http://www.scottsdaleaz.gov/Sports/aquatics/> for pool specific calendars of operational hours.

| LOCATIONS | PRE-SEASON HOURS | SUMMER HOURS | FALL HOURS | FEES | PASSES |
|--|---|---|---|--|--|
| Cactus Aquatic and Fitness Center 7202 E Cactus (480) 312-7665 Eldorado Aquatic and Fitness Center 2301 N. Miller Rd (480) 312-2484 Chaparral Pool 5401 N. Hayden Rd (480) 312-2361 | (Cactus & Eldorado Only) MAY <u>Monday-Friday</u> Lap Swim Only 6am-2pm, 5-7pm <u>Sat & Sun</u> Public and Lap Swim 1-6pm <u>Memorial Day (5/31)</u> Public and Lap Swim 1-6 pm June 1-4 Lap Swim Only 9am-noon Public Swim Noon-5pm | (all pools) June 7 – Aug 15 <u>Monday – Friday</u> Public & Lap swim 1-7pm <u>Sat & Sun</u> 1-6pm We also offer Lap Swimming Lanes <u>Monday – Friday</u> • Earlybird 6-8am* • Lunchtime 12-1pm • Evening 7-8pm *Eldorado only | (Cactus and Eldorado Only) Beginning Aug 18 <u>Monday – Friday</u> Lap Swim Only 6am-2pm, 5-7pm <u>Sat & Sun</u> Public and lap swim 1-6pm <u>Labor Day (9/6)</u> Public and Lap Swim 1-6 pm | <u>Daily Public & Lap Swim</u> Adult \$2 per visit Child \$1 per visit (under 18) <u>Lap Swim & Fitness Punch Passes</u> 10 visit \$20 resident / \$30 nonresident 30 visit \$60 resident / \$90 nonresident | <u>Family Passes</u> Unlimited visits from Memorial Day – Labor Day Resident family of 4 (or less) \$55.00 Resident family of 5 \$66.00 Resident family of 6 \$77.00 Resident family of 7 (or more) \$88.00 |

Chaparral Pool
 Closed for renovations
Call 312-POOL
 for scheduling updates.

SWIM LESSON PROGRAM

- Swim lessons are for two week sessions:

PLEASE NOTE:

- Week 1= Monday-Friday
- Week 2= Monday-Thursday
- Session dates are listed on the right
- Each class is 30 minutes in length

Swim lesson fee:

Residents \$17.00;
 Non-Residents \$25.50
 per session per participant

SESSION DATES

| | |
|-----------|-----------------|
| Session 1 | June 7- 17 |
| Session 2 | June 21- July 1 |
| Session 3 | July 5-15 |
| Session 4 | July 19-30★ |
| Session 5 | August 2-12 |

★ Due to Mighty Mud Mania, classes at all pools will be postponed from Friday July 23rd to Friday July 30th (Session 4)

REGISTRATION DATES

Session 1 & 2

| | |
|-------------------------|------|
| Residents beginning | 5/11 |
| Non-Residents beginning | 5/18 |

Session 3 & 4

| | |
|-------------------------|------|
| Residents beginning | 6/15 |
| Non-Residents beginning | 6/22 |

Session 5

| | |
|-------------------------|------|
| Residents beginning | 7/13 |
| Non-Residents beginning | 7/20 |

TRI SOMETHING DIFFERENT...

TRIATHLON 101

(for ages 18 and older)

(1 hr class) Do you swim recreationally every now and then? Ride your bike on the canal? Enjoy a jog from time to time? Well take it to the next level and put them all together to train for your first sprint triathlon! A qualified, professional instructor will guide you as you learn the secrets to successfully completing a sprint triathlon (400 yard. swim, 12 mile bike and 3 mile run). Class includes a lecture segment as well as physical training time to practice your skills (biking skills will be discussed but due to class limitations there will be no actual biking during class time). Sign up today and have fun in the sun while you swim, bike and run!

Tues/Thurs at Eldorado Aquatic and Fitness Center
 6:00am to 7:00am
 10 week class beginning the week of June 7th
 Cost \$68 for residents / \$102 for non-residents
 Course Code #43780

TRIATHLON FOR YOUTH

(1 hr class) For kids 12 to 15 years of age.

Looking for something fun to do over summer break? Get out to the pool; meet new friends while you learn and train for a sprint triathlon (400 yard swim, 12 mile bike, and 3 mile run). This class will include a small lecture segment as well as training time to practice your triathlon skills. This is a great opportunity to get in shape, look great and have fun over your summer break!

Tues/Thurs at Chaparral Pool
 7:00pm to 8:00pm
 4 week class beginning the week of July 5th (session 3 and 4)
 Cost \$32 for residents / \$48 for non-residents
 Course Code # 43782

TRIATHLON WORKSHOP

(3 hr, 1 day workshop for ages 15 and up)

Interested in learning more about the sport of triathlon but aren't sure that you are ready for a workout class? Sign up for the City of Scottsdale Triathlon 101 Clinic. This three-hour clinic will be lecture-oriented and taught by professional triathlon coaches. It will cover basic information that a person new to the sport should have including rules and safety, transition area set-up, race clothing and equipment, and more. Triathlon is a fun, rewarding activity that can enhance your quality of life. Learn the basics at the Triathlon 101 Clinic and you can be on your way to completing your first triathlon!

Sunday June 27th, 2004
 at Cactus Aquatic & Fitness Center
 8:00am to 12:00pm
 Cost: \$25 for residents and \$38 for non-residents
 Course Code # 43781



Infant/Toddler: "Parent / Tot"

(8 per class) ages 6 months-3 years
Parents are taught techniques and positions to enhance their child's comfort level in the water. Basics include water adjustment, body positions and breath control. Note: this class is water acclimation, not swimming lessons.

\$17 Residents / \$25.50 Nonresidents

CACTUS POOL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41332 | 41333 | 41714 | 41725 | |
| 8:35 am | 41334 | 41335 | 41719 | 41715 | |
| 9:10 am | | | | | |
| 9:45 am | 41345 | 41337 | 41721 | 41717 | |
| 10:20 am | 41346 | 41338 | 41723 | 41718 | |
| 10:55 am | | | | | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | 41347 | 41339 | 41724 | 41722 | 42013 |
| 5:00 pm | | | | | |
| 5:35 pm | 41348 | 41340 | 41726 | 43305 | 42014 |
| 5:35 pm | | | | | |
| 6:10 pm | 41351 | 41341 | 41727 | 43306 | 42015 |
| 6:10 pm | | | | | |
| 6:45 pm | 41349 | 41342 | | | |
| 6:45 pm | | | | | |
| 7:20 pm | 41350 | 41343 | 41729 | 43307 | 43308 |

ELDORADO POOL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 42452 | 42459 | 42682 | 42689 | |
| 8:35 am | 42456 | 42463 | 42684 | 42690 | |
| 9:10 am | | | | | |
| 9:45 am | 42453 | 42460 | 42683 | 43525 | |
| 10:20 am | 42454 | 42461 | | 42691 | |
| 10:20 am | | | | | |
| 10:55 am | 42458 | 43472 | 42686 | | |
| 11:30 am | 43302 | 43470 | 43500 | 43526 | |
| 11:30 am | | | | | |
| 12:05 pm | 43303 | 43471 | 43501 | 43527 | |
| 12:05 pm | | | | | |
| 5:00 pm | 42455 | 42462 | 42685 | 42692 | 42833 |
| 5:35 pm | | | | | |
| 6:10 pm | 42457 | 42464 | 42687 | 42694 | 42834 |
| 6:45 pm | | | | | |
| 7:20 pm | 43304 | 42465 | 42688 | 42693 | |

CHAPARRAL POOL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | 43327 | 43334 | |
| 9:45 am | | | 43328 | 43335 | |
| 10:20 am | | | 43329 | 43336 | |
| 10:55 am | | | | | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 43330 | 43337 | 43579 |
| 5:35 pm | | | 43331 | 43338 | 43580 |
| 6:10 pm | | | 43332 | 43339 | 43581 |
| 6:45 pm | | | 43333 | 43690 | 43691 |
| 7:20 pm | | | | | |

LEVEL 1: "Water Exploration"

(6 per class) ages 2-4 years
Objective: learning elementary skills and helping students feel comfortable in the water. Includes breath control, fully submerging head and retrieving underwater objects.

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41352 | 41359 | 41730 | 41739 | |
| 8:35 am | 41353 | 41380 | 41731 | 41740 | |
| 9:10 am | 41354 | 41389 | 41732 | 41741 | |
| 9:45 am | 41355 | 41391 | 41733 | 41742 | |
| 10:20 am | 41356 | 41393 | 41734 | 41743 | |
| 10:55 am | 41357 | 41360 | 41735 | 41744 | |
| 11:30 am | 41358 | 41361 | 41736 | 43309 | |
| 12:05 pm | | | | | |
| 5:00 pm | 41372 | 41363 | 41750 | 41762 | 42029 |
| 5:00 pm | 41373 | 41383 | 41751 | 41763 | 42034 |
| 5:35 pm | 41366 | 41364 | 41752 | 41764 | 42030 |
| 5:35 pm | 41374 | 41394 | | | |
| 6:10 pm | 41375 | 41365 | 41753 | 41765 | 42031 |
| 6:10 pm | | | | | |
| 6:45 pm | 41376 | 41385 | 41755 | 41761 | 42032 |
| 6:45 pm | | | | | |
| 7:20 pm | 41378 | 41387 | 41757 | 41768 | 42033 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 43700 | 42471 | 42699 | 42709 | |
| 8:35 am | 42474 | 42695 | 42700 | 42710 | |
| 9:10 am | 42466 | 42472 | 42701 | 42711 | |
| 9:45 am | 42467 | 42478 | 42702 | 42712 | |
| 10:20 am | 42485 | 42483 | 43707 | | |
| 10:20 am | | | | | |
| 10:55 am | 42475 | 42480 | | 42488 | |
| 11:30 am | 42476 | 42479 | | | |
| 11:30 am | 43701 | 42481 | 42703 | 42714 | |
| 12:05 pm | 42486 | 42482 | 42705 | 42715 | |
| 12:05 pm | | | | | |
| 5:00 pm | 42468 | 42696 | 42706 | 42716 | 42838 |
| 5:35 pm | 42473 | 42697 | 42707 | 42717 | 42835 |
| 6:10 pm | 42487 | 42698 | 42704 | 42713 | 42839 |
| 6:45 pm | | | | | |
| 7:20 pm | 42470 | 42484 | 42708 | 42718 | 42840 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | 43344 | 43354 | |
| 8:35 am | | | 43345 | 43355 | |
| 9:10 am | | | 43346 | 43356 | |
| 9:45 am | | | | | |
| 10:20 am | | | 43671 | 43672 | |
| 10:55 am | | | 43348 | 43358 | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 43351 | 43361 | 43594 |
| 5:35 pm | | | 43352 | 43362 | 43595 |
| 6:10 pm | | | | | |
| 6:45 pm | | | | | |
| 7:20 pm | | | 43353 | 43363 | 43596 |

LEVEL 2: "Primary Skills"

(8 per class) ages 3-5 years
Objective: success with fundamental skills. Floating without support and introduction to each component of front and back crawl

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41395 | 41405 | 41769 | 41779 | |
| 8:35 am | 41397 | 41406 | 41770 | 41780 | |
| 9:10 am | 41398 | 41407 | 41771 | 41781 | |
| 9:45 am | 41422 | 41408 | 41792 | 41809 | |
| 10:20 am | 41399 | 41409 | 41772 | 41782 | |
| 10:55 am | 41400 | 41410 | 41773 | 41783 | |
| 11:30 am | 41401 | 41411 | 41774 | 41784 | |
| 12:05 pm | | | | | |
| 5:00 pm | 41402 | 41413 | 41776 | 41785 | 42043 |
| 5:00 pm | 41403 | 41434 | 41794 | 41804 | 42053 |
| 5:35 pm | 41404 | 41418 | 41795 | 41805 | 42054 |
| 5:35 pm | 41414 | 41435 | 41796 | 43310 | 42055 |
| 6:10 pm | 41415 | 41419 | 41797 | 41786 | 42044 |
| 6:10 pm | 41416 | 41436 | 41777 | 41806 | 42056 |
| 6:45 pm | 41417 | 41420 | 41798 | 41807 | 42057 |
| 6:45 pm | 41427 | 41437 | 41799 | 41808 | 42058 |
| 7:20 pm | 41428 | 41421 | | | |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 42503 | 42490 | 42719 | 42733 | |
| 8:35 am | 42491 | 42504 | 42721 | 42734 | |
| 9:10 am | 42492 | 42505 | 42722 | 42735 | |
| 9:45 am | 42493 | 42506 | 42723 | 42736 | |
| 10:20 am | 42494 | 42507 | | | |
| 10:20 am | 42841 | 42842 | 42724 | 42737 | |
| 10:55 am | 42495 | 42508 | 42725 | 42738 | |
| 11:30 am | 42496 | 42509 | | | |
| 11:30 am | 43708 | 43709 | 42726 | 42739 | |
| 12:05 pm | 42497 | 42510 | 42727 | 42740 | |
| 12:05 pm | 42843 | 43710 | 42720 | 43711 | |
| 5:00 pm | 42498 | 42511 | 42728 | 42741 | 43712 |
| 5:35 pm | 42499 | 42512 | 42729 | 42742 | 42844 |
| 6:10 pm | 42500 | 42513 | 42730 | 42743 | 43713 |
| 6:45 pm | 42501 | 42514 | 42731 | 42744 | 42845 |
| 7:20 pm | 42502 | 42515 | 42732 | 42745 | 42846 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | 43474 | 43487 | |
| 8:35 am | | | 43475 | 43488 | |
| 9:10 am | | | | | |
| 9:45 am | | | 43477 | 43490 | |
| 10:20 am | | | 43478 | 43491 | |
| 10:55 am | | | 43479 | 43492 | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 43482 | 43495 | 43605 |
| 5:35 pm | | | 43483 | 43496 | 43606 |
| 6:10 pm | | | 43484 | 43497 | 43607 |
| 6:45 pm | | | 43485 | 43498 | 43608 |
| 7:20 pm | | | | | |

LEVEL 3:

(8 per class) ages 5-7 years
Objective: build on skills in Level 2. Introduction to elementary side. Retrieval skills.

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 |
|----------|-----------------------|
| 8:00 am | 41438 |
| 8:35 am | 41439 |
| 9:10 am | 41440 |
| 9:45 am | 41441 |
| 10:20 am | 41442 |
| 10:55 am | 41443 |
| 11:30 am | 41444 |
| 12:05 pm | 41445 |
| 5:00 pm | 41461 |
| 5:00 pm | |
| 5:35 pm | 41462 |
| 5:35 pm | |
| 6:10 pm | 41463 |
| 6:10 pm | 41464 |
| 6:45 pm | 41470 |
| 6:45 pm | |
| 7:20 pm | 41472 |

| | Session 1 6/7-6/17 |
|----------|-----------------------|
| 8:00 am | 42516 |
| 8:35 am | 42517 |
| 9:10 am | 42524 |
| 9:45 am | 42525 |
| 10:20 am | 42526 |
| 10:20 am | |
| 10:55 am | 42527 |
| 11:30 am | 42518 |
| 11:30 am | |
| 12:05 pm | 42528 |
| 12:05 pm | 42523 |
| 5:00 pm | 42529 |
| 5:35 pm | 42530 |
| 6:10 pm | |
| 6:45 pm | 42532 |
| 7:20 pm | 42533 |

| | Session 1 6/7-6/17 |
|----------|-----------------------|
| 8:00 am | |
| 8:35 am | |
| 9:10 am | |
| 9:45 am | |
| 10:20 am | |
| 10:55 am | |
| 11:30 am | |
| 12:05 pm | |
| 5:00 pm | |
| 5:35 pm | |
| 6:10 pm | |
| 6:45 pm | |
| 7:20 pm | |

All City of Scottsdale Instructors are certified by the American Red Cross. Please use the age guidelines and the class description

WATER EXERCISE

Shallow Water Exercise

(30 per class) ages 13 and older
Work out and have fun. Classes run 50 minutes and include stretching, warm-up, cardio, toning, and cool-down.
***drop-in \$3.00, space permitting

\$18 Residents / \$27 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 7:00 am | | | | | |
| 8:00 am | 42592 | 42599 | 42811 | 42817 | 42859 |
| 9:00 am | 42594 | 42600 | 42812 | 42818 | 42858 |
| 10:00 am | | | | | |
| 11:00 am | 42596 | 42601 | 42814 | 42819 | 42860 |
| 12:00 pm | 42595 | 42602 | 42813 | 42820 | 42861 |
| 5:00 pm | | | | | |
| 6:00 pm | | | | | |
| 7:00 pm | 42598 | 42603 | 42815 | 42821 | 43740 |

Deep Water Exercise

(30 per class) ages 13 and older
Challenge yourself to the next level of physical fitness! This class features aerobic exercise, treading water, and activities that improve swimming technique & fitness.
***drop-in \$3.00, space permitting

\$18 Residents / \$27 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|-------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 42440 | 42441 | 42672 | 42673 | 42828 | |
| 43279 | 43280 | 43281 | 43282 | 43283 | |
| 43284 | 43285 | 43286 | 43287 | 43288 | |
| 42442 | 42443 | 42674 | 42675 | 42829 | |

Ache Away

Back Ache? Joints hurt? Have arthritis?
Try this especially designed class for any individual who needs gentler, slower paced water exercise. Emphasizes stretching & toning. Taught by a certified arthritis instructor.
***drop-in \$3.00, space permitting

\$18 Residents / \$27 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|-------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 42434 | 42435 | 42666 | 42667 | 42827 | |

Tone-N-Tai-Chi

This class combines water exercise with Tai Chi moves. It benefits students of all age and abilities by using the water to increase strength, flexibility, balance and energy. A great way to start your day or prepare yourself for water exercised or lap swim.
***drop-in \$3.00, space permitting

\$18 Residents / \$27 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|-------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 43741 | 43744 | 43745 | 43746 | 43747 | |

ELDORADO

CACTUS

CHAPARRAL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41536 | 41544 | 41972 | 41980 | 42108 |
| 9:00 am | 41537 | 41545 | 41973 | 41981 | 42109 |
| 10:00 am | 41538 | 41546 | 41974 | 41982 | 42110 |
| 11:00 am | 41539 | 41547 | 41975 | 41983 | 42111 |
| 12:00 pm | 41540 | 41548 | 41976 | 41984 | 42112 |
| 5:00 pm | 41541 | 41549 | 41977 | 41985 | 42113 |
| 6:00 pm | 41542 | 41550 | 41978 | 41986 | 42114 |
| 7:00 pm | 41543 | 41551 | 41979 | 41987 | 42115 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|-------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 41303 | 41302 | 41691 | 41690 | 41994 | |

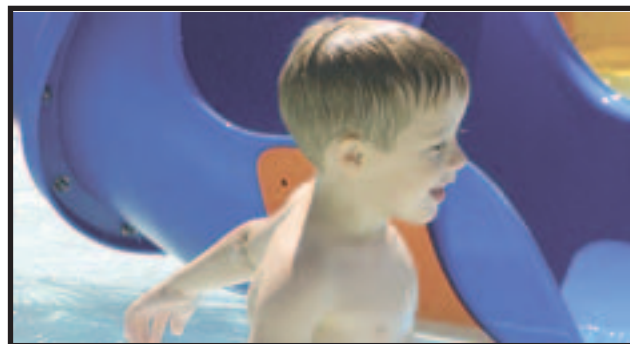


Adult Fitness Swimming

Must be 18 years and older
Looking for the perfect opportunity to stay in shape?
Choose from a self-led pace, or have the
"workout of the day" waiting for you!
\$18 Residents / \$27 Nonresidents

CACTUS

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41298 | 41294 | 41685 | 41681 | 41990 |
| 9:00 am | 41299 | 41295 | 41686 | 41682 | 41991 |
| 10:00 am | 41300 | 41296 | 41687 | 41683 | 41992 |
| 11:00 am | 41301 | 41297 | 41688 | 41684 | 41993 |



Adult Strokes

Must be 18 years and older

It is never too late to learn to swim or improve your strokes! This class is geared toward adults who want to learn the basics and/or want to improve their swimming techniques. Class meets for 5 days -
1 hr each day M, W, F, M, W
\$18 residents / \$27 nonresidents

ELDORADO

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 10:00 am | 43212 | 43213 | 43216 | 43217 | 43218 |
| 6:00 pm | 43210 | 43215 | 43214 | 43211 | 43219 |
| 7:00 pm | 42438 | 42439 | 42669 | 42670 | 43220 |

CHAPARRAL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|---------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 7:20 pm | | | 43314 | 43315 | 43572 |

Diving Lessons

(10 per class) ages 6-18 years

Basic diving progression is taught including approach, hurdle, press, and lift.

\$17 Residents / \$25.50 Nonresidents

CACTUS

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 10:20 am | 41317 | 41304 | 41692 | 41698 | |
| 10:20 am | 41318 | 41305 | 41707 | 41700 | |
| 10:55 am | 41319 | 41306 | 41693 | 41699 | |
| 10:55 am | 41320 | 41307 | 41708 | 41701 | |
| 11:30 am | 41321 | 41308 | 41694 | 43694 | |
| 11:30 am | 41322 | 41309 | 41709 | 43695 | |
| 12:05 pm | 41323 | 41310 | 41695 | 43696 | |
| 12:05pm | 41324 | 41311 | 41710 | 43697 | |
| 5:00 pm | 41325 | 41312 | 41696 | 41702 | 41999 |
| 5:35 pm | 41326 | 41313 | 41697 | 41703 | 42000 |
| 6:10 pm | 41327 | 41314 | 41711 | 41704 | 42001 |
| 6:45 pm | 41328 | 41315 | 41712 | 41705 | 42006 |
| 7:20 pm | 41329 | 41316 | 41713 | 41706 | 42007 |

ELDORADO

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 10:20 am | 42444 | 42447 | 42676 | 42680 | |
| 10:55 am | 42445 | 42448 | 42677 | 42681 | |
| 11:30 am | 42446 | 42449 | 42678 | 42679 | |
| 12:05 pm | 43289 | 43290 | 43291 | 43292 | |
| 6:45 pm | 43293 | 43294 | 43295 | 43296 | 43297 |
| 7:20 pm | 43298 | 43299 | 43300 | 43301 | 42830 |

CHAPARRAL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 10:20 am | | | 43321 | 43325 | |
| 10:55 am | | | 43322 | 43326 | |
| 11:30 am | | | 43323 | 43324 | |



Infant/Toddler: "Parent / Tot"

(8 per class) ages 6 months-3 years
Parents are taught techniques and positions to enhance their child's comfort level in the water. Basics include water adjustment, body positions and breath control. Note: this class is water acclimation, not swimming lessons.

\$17 Residents / \$25.50 Nonresidents

CACTUS POOL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41332 | 41333 | 41714 | 41725 | |
| 8:35 am | 41334 | 41335 | 41719 | 41715 | |
| 9:10 am | | | | | |
| 9:45 am | 41345 | 41337 | 41721 | 41717 | |
| 10:20 am | 41346 | 41338 | 41723 | 41718 | |
| 10:55 am | | | | | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | 41347 | 41339 | 41724 | 41722 | 42013 |
| 5:00 pm | | | | | |
| 5:35 pm | 41348 | 41340 | 41726 | 43305 | 42014 |
| 5:35 pm | | | | | |
| 6:10 pm | 41351 | 41341 | 41727 | 43306 | 42015 |
| 6:10 pm | | | | | |
| 6:45 pm | 41349 | 41342 | | | |
| 6:45 pm | | | | | |
| 7:20 pm | 41350 | 41343 | 41729 | 43307 | 43308 |

LEVEL 1: "Water Exploration"

(6 per class) ages 2-4 years
Objective: learning elementary skills and helping students feel comfortable in the water. Includes breath control, fully submerging head and retrieving underwater objects.

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41352 | 41359 | 41730 | 41739 | |
| 8:35 am | 41353 | 41380 | 41731 | 41740 | |
| 9:10 am | 41354 | 41389 | 41732 | 41741 | |
| 9:45 am | 41355 | 41391 | 41733 | 41742 | |
| 10:20 am | 41356 | 41393 | 41734 | 41743 | |
| 10:55 am | 41357 | 41360 | 41735 | 41744 | |
| 11:30 am | 41358 | 41361 | 41736 | 43309 | |
| 12:05 pm | | | | | |
| 5:00 pm | 41372 | 41363 | 41750 | 41762 | 42029 |
| 5:00 pm | 41373 | 41383 | 41751 | 41763 | 42034 |
| 5:35 pm | 41366 | 41364 | 41752 | 41764 | 42030 |
| 5:35 pm | 41374 | 41394 | | | |
| 6:10 pm | 41375 | 41365 | 41753 | 41765 | 42031 |
| 6:10 pm | | | | | |
| 6:45 pm | 41376 | 41385 | 41755 | 41761 | 42032 |
| 6:45 pm | | | | | |
| 7:20 pm | 41378 | 41387 | 41757 | 41768 | 42033 |

LEVEL 2: "Primary Skills"

(8 per class) ages 3-5 years
Objective: success with fundamental skills. Floating without support and introduction to each component of front and back crawl

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41395 | 41405 | 41769 | 41779 | |
| 8:35 am | 41397 | 41406 | 41770 | 41780 | |
| 9:10 am | 41398 | 41407 | 41771 | 41781 | |
| 9:45 am | 41422 | 41408 | 41792 | 41809 | |
| 10:20 am | 41399 | 41409 | 41772 | 41782 | |
| 10:55 am | 41400 | 41410 | 41773 | 41783 | |
| 11:30 am | 41401 | 41411 | 41774 | 41784 | |
| 12:05 pm | | | | | |
| 5:00 pm | 41402 | 41413 | 41776 | 41785 | 42043 |
| 5:00 pm | 41403 | 41434 | 41794 | 41804 | 42053 |
| 5:35 pm | 41404 | 41418 | 41795 | 41805 | 42054 |
| 5:35 pm | 41414 | 41435 | 41796 | 43310 | 42055 |
| 6:10 pm | 41415 | 41419 | 41797 | 41786 | 42044 |
| 6:10 pm | 41416 | 41436 | 41777 | 41806 | 42056 |
| 6:45 pm | 41417 | 41420 | 41798 | 41807 | 42057 |
| 6:45 pm | 41427 | 41437 | 41799 | 41808 | 42058 |
| 7:20 pm | 41428 | 41421 | | | |

LEVEL 3:

(8 per class) ages 5-6 years
Objective: build on skills in previous levels. Introduction to elementary side. Retrieval skills.

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 |
|----------|-----------------------|
| 8:00 am | 41438 |
| 8:35 am | 41439 |
| 9:10 am | 41440 |
| 9:45 am | 41441 |
| 10:20 am | 41442 |
| 10:55 am | 41443 |
| 11:30 am | 41444 |
| 12:05 pm | 41445 |
| 5:00 pm | 41461 |
| 5:00 pm | |
| 5:35 pm | 41462 |
| 5:35 pm | |
| 6:10 pm | 41463 |
| 6:10 pm | 41464 |
| 6:45 pm | 41470 |
| 6:45 pm | |
| 7:20 pm | 41472 |

ELDORADO POOL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 42452 | 42459 | 42682 | 42689 | |
| 8:35 am | 42456 | 42463 | 42684 | 42690 | |
| 9:10 am | | | | | |
| 9:45 am | 42453 | 42460 | 42683 | 43525 | |
| 10:20 am | 42454 | 42461 | | 42691 | |
| 10:20 am | | | | | |
| 10:55 am | 42458 | 43472 | 42686 | | |
| 11:30 am | 43302 | 43470 | 43500 | 43526 | |
| 11:30 am | | | | | |
| 12:05 pm | 43303 | 43471 | 43501 | 43527 | |
| 12:05 pm | | | | | |
| 5:00 pm | 42455 | 42462 | 42685 | 42692 | 42833 |
| 5:35 pm | | | | | |
| 6:10 pm | 42457 | 42464 | 42687 | 42694 | 42834 |
| 6:45 pm | | | | | |
| 7:20 pm | 43304 | 42465 | 42688 | 42693 | |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 43700 | 42471 | 42699 | 42709 | |
| 8:35 am | 42474 | 42695 | 42700 | 42710 | |
| 9:10 am | 42466 | 42472 | 42701 | 42711 | |
| 9:45 am | 42467 | 42478 | 42702 | 42712 | |
| 10:20 am | 42485 | 42483 | 43707 | | |
| 10:20 am | | | | | |
| 10:55 am | 42475 | 42480 | | 42488 | |
| 11:30 am | 42476 | 42479 | | | |
| 11:30 am | 43701 | 42481 | 42703 | 42714 | |
| 12:05 pm | 42486 | 42482 | 42705 | 42715 | |
| 12:05 pm | | | | | |
| 5:00 pm | 42468 | 42696 | 42706 | 42716 | 42838 |
| 5:35 pm | 42473 | 42697 | 42707 | 42717 | 42835 |
| 6:10 pm | 42487 | 42698 | 42704 | 42713 | 42839 |
| 6:45 pm | | | | | |
| 7:20 pm | 42470 | 42484 | 42708 | 42718 | 42840 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 42503 | 42490 | 42719 | 42733 | |
| 8:35 am | 42491 | 42504 | 42721 | 42734 | |
| 9:10 am | 42492 | 42505 | 42722 | 42735 | |
| 9:45 am | 42493 | 42506 | 42723 | 42736 | |
| 10:20 am | 42494 | 42507 | | | |
| 10:20 am | 42841 | 42842 | 42724 | 42737 | |
| 10:55 am | 42495 | 42508 | 42725 | 42738 | |
| 11:30 am | 42496 | 42509 | | | |
| 11:30 am | 43708 | 43709 | 42726 | 42739 | |
| 12:05 pm | 42497 | 42510 | 42727 | 42740 | |
| 12:05 pm | 42843 | 43710 | 42720 | 43711 | |
| 5:00 pm | 42498 | 42511 | 42728 | 42741 | 43712 |
| 5:35 pm | 42499 | 42512 | 42729 | 42742 | 42844 |
| 6:10 pm | 42500 | 42513 | 42730 | 42743 | 43713 |
| 6:45 pm | 42501 | 42514 | 42731 | 42744 | 42845 |
| 7:20 pm | 42502 | 42515 | 42732 | 42745 | 42846 |

| | Session 1 6/7-6/17 |
|----------|-----------------------|
| 8:00 am | 42516 |
| 8:35 am | 42517 |
| 9:10 am | 42524 |
| 9:45 am | 42525 |
| 10:20 am | 42526 |
| 10:20 am | |
| 10:55 am | 42527 |
| 11:30 am | 42518 |
| 11:30 am | |
| 12:05 pm | 42528 |
| 12:05 pm | 42523 |
| 5:00 pm | 42529 |
| 5:35 pm | 42530 |
| 6:10 pm | |
| 6:45 pm | 42532 |
| 7:20 pm | 42533 |

CHAPARRAL POOL

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | 43327 | 43334 | |
| 9:45 am | | | 43328 | 43335 | |
| 10:20 am | | | 43329 | 43336 | |
| 10:55 am | | | | | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 43330 | 43337 | 43579 |
| 5:35 pm | | | 43331 | 43338 | 43580 |
| 6:10 pm | | | 43332 | 43339 | 43581 |
| 6:45 pm | | | 43333 | 43690 | 43691 |
| 7:20 pm | | | | | |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | 43344 | 43354 | |
| 8:35 am | | | 43345 | 43355 | |
| 9:10 am | | | 43346 | 43356 | |
| 9:45 am | | | | | |
| 10:20 am | | | 43671 | 43672 | |
| 10:55 am | | | 43348 | 43358 | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 43351 | 43361 | 43594 |
| 5:35 pm | | | 43352 | 43362 | 43595 |
| 6:10 pm | | | | | |
| 6:45 pm | | | | | |
| 7:20 pm | | | 43353 | 43363 | 43596 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | 43474 | 43487 | |
| 8:35 am | | | 43475 | 43488 | |
| 9:10 am | | | | | |
| 9:45 am | | | 43477 | 43490 | |
| 10:20 am | | | 43478 | 43491 | |
| 10:55 am | | | 43479 | 43492 | |
| 11:30 am | | | | | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 43482 | 43495 | 43605 |
| 5:35 pm | | | 43483 | 43496 | 43606 |
| 6:10 pm | | | 43484 | 43497 | 43607 |
| 6:45 pm | | | 43485 | 43498 | 43608 |
| 7:20 pm | | | | | |

| | Session 1 6/7-6/17 |
|----------|-----------------------|
| 8:00 am | |
| 8:35 am | |
| 9:10 am | |
| 9:45 am | |
| 10:20 am | |
| 10:55 am | |
| 11:30 am | |
| 12:05 pm | |
| 5:00 pm | |
| 5:35 pm | |
| 6:10 pm | |
| 6:45 pm | |
| 7:20 pm | |

All City of Scottsdale Instructors are certified by the American Red Cross. Please use the age guidelines and the class description



Pre-Readiness

(10 per class) ages 4-7 years
Objective: Introduction of the front and back crawl, floating on back, and diving from the edge of the pool with eyes open.

\$50 Nonresidents

| Session 3 6/7-15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|---------------------|------------------------|-----------------------|
| 41810 | 41823 | |
| 41811 | 41824 | |
| 41813 | 41826 | |
| 41815 | 41828 | |
| 41817 | 41829 | |
| 41818 | 41830 | |
| 41819 | 41831 | |
| 41820 | 43698 | |
| 41821 | 41832 | 42071 |
| | | |
| 41822 | 41833 | 42072 |
| | | |
| 41835 | 41834 | 42073 |
| | | |
| 41836 | 41839 | 42074 |
| | | |
| 41837 | 41840 | 42076 |

| Session 3 6/7-15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|---------------------|------------------------|-----------------------|
| 42756 | 42757 | |
| 42755 | 42758 | |
| 42754 | 42759 | |
| 42753 | 42760 | |
| 42762 | 42761 | |
| | | |
| 42752 | | |
| 42848 | 42847 | |
| | | |
| 42751 | 42763 | |
| | | |
| 42750 | 42764 | 42850 |
| 42749 | 42765 | 42849 |
| 42748 | 42766 | 42851 |
| 42747 | 42767 | 42543 |
| 42746 | 42768 | 42852 |

| Session 3 6/7-15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|---------------------|------------------------|-----------------------|
| 43512 | 43513 | |
| | | |
| 43510 | 43515 | |
| 43509 | 43516 | |
| 43508 | 43517 | |
| | | |
| 43689 | 43518 | |
| | | |
| 43506 | 43520 | 43617 |
| 43505 | 43521 | 43618 |
| 43504 | 43522 | 43619 |
| 43503 | 43523 | 43620 |

LEVEL 4: "Stroke Development"

(10 per class) ages 7 and older
Objective: develop confidence in strokes. Demonstrate deep-water bobbing and rotary breathing. Build endurance by swimming front crawl, back crawl, and elementary backstroke for greater distances. Introduce breaststroke, sidestroke, and basics of turning at the wall.

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 41501 | 41484 | 41842 | 41850 | |
| 8:35 am | 41476 | 41485 | 41843 | 41851 | |
| 9:10 am | 41477 | 41486 | 41844 | 41852 | |
| 9:45 am | | | | | |
| 10:20 am | | | | | |
| 10:55 am | 41480 | 41489 | 41847 | 41855 | |
| 11:30 am | 41492 | 41490 | 41849 | 41856 | |
| 12:05 pm | 41493 | 41497 | 41858 | 41857 | |
| 5:00 pm | 41481 | 41500 | 41859 | 41864 | 42085 |
| 5:00 pm | | | | | |
| 5:35 pm | 41482 | 41496 | 41860 | 41865 | 42087 |
| 5:35 pm | | | | | |
| 6:10 pm | 41483 | 41498 | 41861 | 41866 | 42088 |
| 6:10 pm | | | | | |
| 6:45 pm | 41494 | 41499 | 41862 | 41867 | 42089 |
| 6:45 pm | | | | | |
| 7:20 pm | 41495 | 41491 | 41863 | 41868 | 42090 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | 42551 | 42549 | 42769 | 42777 | |
| 8:35 am | 42545 | 42554 | 42770 | 42778 | |
| 9:10 am | 42853 | 42559 | 42564 | 43720 | |
| 9:45 am | | | | | |
| 10:20 am | 42546 | 42555 | 42771 | 42779 | |
| 10:20 am | | | | | |
| 10:55 am | 42854 | 42562 | | 43721 | |
| 11:30 am | 42547 | 42556 | 42772 | 42780 | |
| 11:30 am | | | | | |
| 12:05 pm | 42548 | 42557 | 43722 | 42781 | |
| 12:05 pm | 42855 | | | | |
| 5:00 pm | | | 42786 | 42787 | 44374 |
| 5:35 pm | 42550 | 42558 | 42773 | 42782 | 42856 |
| 6:10 pm | | | 42774 | 42783 | 43723 |
| 6:45 pm | 42552 | 42560 | 42775 | 42784 | 42857 |
| 7:20 pm | 42553 | 42561 | 42776 | 42785 | 43724 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | 43529 | 43537 | |
| 9:10 am | | | | | |
| 9:45 am | | | | | |
| 10:20 am | | | 43530 | 43538 | |
| 10:55 am | | | 43676 | 43677 | |
| 11:30 am | | | 43531 | 43539 | |
| 12:05 pm | | | 43716 | 43540 | |
| 5:00 pm | | | 43545 | 43546 | 43633 |
| 5:35 pm | | | | | |
| 6:10 pm | | | 43533 | 43542 | 43630 |
| 6:45 pm | | | 43534 | 43543 | 43631 |
| 7:20 pm | | | 43535 | 43544 | 43632 |

LEVEL 5: "Stroke Refinement"

(10 per class) ages 7 and older
Objective: coordination and refinement of key strokes. Introduce butterfly, open turns, surface dives, increasing swimming distances.

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | | | |
| 9:45 am | | | | | |
| 10:20 am | | | | | |
| 10:55 am | 41504 | 41510 | 41924 | 41948 | |
| 11:30 am | 41505 | 41511 | 41925 | 41949 | |
| 12:05 pm | 41506 | 41512 | 41926 | 41950 | |
| 5:00 pm | 41507 | 41513 | 41927 | 41951 | 42095 |
| 5:00 pm | | | | | |
| 5:35 pm | 41508 | 41514 | 41928 | 43699 | 42096 |
| 5:35 pm | | | | | |
| 6:10 pm | 41515 | 41518 | 41929 | 41952 | 42097 |
| 6:10 pm | | | | | |
| 6:45 pm | 41516 | 41520 | 41930 | 41953 | 42098 |
| 6:45 pm | | | | | |
| 7:20 pm | 41517 | 41519 | 41931 | 41954 | 42099 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | | | |
| 9:45 am | | | | | |
| 10:20 am | | | 42578 | 43725 | |
| 10:20 am | | | | | |
| 10:55 am | | | 42788 | 42795 | |
| 11:30 am | | | 42789 | 42796 | |
| 11:30 am | | | | | |
| 12:05 pm | | | 42790 | 42797 | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 42726 | 43727 | 43729 |
| 5:35 pm | | | 42791 | 42798 | 44375 |
| 6:10 pm | | | 42792 | 42799 | 43731 |
| 6:45 pm | | | 42793 | 42800 | 43730 |
| 7:20 pm | 42568 | 42571 | 42794 | 42801 | 43728 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | | | |
| 9:45 am | | | | | |
| 10:20 am | | | | | |
| 10:55 am | | | 43547 | 43554 | |
| 11:30 am | | | 43548 | 43555 | |
| 12:05 pm | | | 43549 | 43556 | |
| 5:00 pm | | | | | |
| 5:35 pm | | | | | |
| 6:10 pm | | | 43551 | 43558 | 43638 |
| 6:45 pm | | | 43552 | 43559 | 43639 |
| 7:20 pm | | | 43553 | 43560 | 43640 |

LEVEL 6: "Skill Proficiency"

(10 per class) ages 7 and older
Objective: Enhance strokes and increase efficiency over greater distances. Introduce additional turns and surface dives. Demonstrate throwing rescue.

\$17 Residents / \$25.50 Nonresidents

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | | | |
| 9:45 am | | | | | |
| 10:20 am | | | | | |
| 10:55 am | 41523 | 41526 | 41956 | 41962 | |
| 11:30 am | 41524 | 41527 | 41958 | 41963 | |
| 12:05 pm | 41525 | 41528 | 41959 | 41964 | |
| 5:00 pm | | | | | |
| 5:00 pm | | | | | |
| 5:35 pm | | | 41960 | 41965 | 42104 |
| 5:35 pm | | | | | |
| 6:10 pm | | | 41969 | 41966 | 42105 |
| 6:10 pm | | | | | |
| 6:45 pm | | | 41970 | 41967 | 42106 |
| 6:45 pm | | | | | |
| 7:20 pm | | | 41971 | 41968 | 42107 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | | | |
| 9:45 am | | | | | |
| 10:20 am | | | 42803 | | |
| 10:20 am | | | | | |
| 10:55 am | | | | 42806 | |
| 11:30 am | | | 42584 | 42579 | |
| 11:30 am | | | | | |
| 12:05 pm | | | 42583 | 42580 | |
| 12:05 pm | | | | | |
| 5:00 pm | | | 42804 | 42807 | 43736 |
| 5:35 pm | | | 42585 | 42581 | 43737 |
| 6:10 pm | | | 42733 | 42808 | 43738 |
| 6:45 pm | | | 43734 | 42809 | 43739 |
| 7:20 pm | | 43735 | 42802 | 42582 | 42586 |

| | Session 1 6/7-6/17 | Session 2 6/21-7/1 | Session 3 7/5-7/15 | Session 4 7/19-7/30 | Session 5 8/2-8/12 |
|----------|-----------------------|-----------------------|-----------------------|------------------------|-----------------------|
| 8:00 am | | | | | |
| 8:35 am | | | | | |
| 9:10 am | | | | | |
| 9:45 am | | | | | |
| 10:20 am | | | | | |
| 10:55 am | | | | | |
| 11:30 am | | | 43562 | 43565 | |
| 12:05 pm | | | 43563 | 43566 | |
| 5:00 pm | | | | | |
| 5:35 pm | | | 43564 | 43567 | 43646 |
| 6:10 pm | | | | | |
| 6:45 pm | | | | | |
| 7:20 pm | | | 43561 | 43568 | 43647 |

To determine the appropriate level for your child. The pool staff can provide detailed information. Please call if you have questions.

PRE-TEENS & TEENS

Interested in becoming a lifeguard someday? The City of Scottsdale has two programs geared to prepare youth for the exciting job of lifeguarding.

SHARK START

Youth ages 8-11 join Scotty the Shark in learning basic water safety, swimming skills, and introduction to CPR & First Aid.

Ages: 8-11
Fee: \$24 Residents
 \$36 Non-Residents
Time: 11 am at all pools

| Session | Dates | Cactus | Eldorado | Chaparral |
|-----------|-------------|--------|----------|-----------|
| Session 1 | 6/7 – 6/17 | 41552 | 42605 | XXXXX |
| Session 2 | 6/21 – 7/1 | 41553 | 42606 | XXXXX |
| Session 3 | 7/5 – 7/15 | 41988 | 42823 | 43569 |
| Session 4 | 7/19 – 7/30 | 41989 | 43750 | 42824 |

GUARD START

This program is designed to guide youth ages 12-15 into Lifeguard Training by building a foundation of knowledge, attitudes and skills. Areas of focus are Prevention, Fitness, Response, Leadership, and Professionalism.

The Guard Start program does not certify the participant as a lifeguard.

Ages: 11-14
Prerequisites:
 • Swim 25 yards freestyle continuously
 • Tread water 1 minute
 • Swim a distance of 10 ft underwater



| Date | Time | Resident fee | Nonresident | Cactus | Eldorado | Chaparral |
|-------------|-------|--------------|-------------|--------|----------|-----------|
| 6/21 – 7/30 | 12 pm | \$50 | \$75 | 41330 | 42450 | XXXX |
| 6/21 – 7/30 | 7 pm | \$50 | \$75 | 41331 | 42451 | XXXX |
| 7/5 – 7/30 | 12 pm | \$33 | \$50 | XXXX | XXXX | 43053 |
| 7/5 – 7/30 | 7 pm | \$33 | \$50 | XXXX | XXXX | 43054 |

AQUATIC SPORTS CAMP

Come join our fun and exciting sports camp and have the opportunity to learn and play every water sport imaginable! Learn the FUNdamentals of different water sports including swimming, diving, water polo, water basketball, synchronized swimming, water safety skills and other aquatic adventures!

Ages: 9-12
Dates: Aug 2 - 6
Fee: \$12 Residents
 \$18 Non-Residents
Times: 8 – 10 am, Monday – Friday

| Cactus | Eldorado | Chaparral |
|--------|----------|-----------|
| 42117 | 42862 | 43657 |



SCOTTY'S ADVENTURE CLUB

Join your favorite lifeguard in an assortment of aquatic adventures! Participants will be guided through fun dry land activities, arts and crafts, pool games and safety topics!

Ages: 6-8
Dates: Aug 2 - 6
Fee: \$12 Residents
 \$18 Non-Residents
Times: 8 am – 10 am, Monday - Friday

NEW!

| Cactus | Eldorado | Chaparral |
|--------|----------|-----------|
| 43717 | 43719 | 43718 |

WATER SAFETY CLASSES

LIFEGUARD TRAINING

The American Red Cross Lifeguard Training course is offered to those interested in becoming a certified lifeguard. The class includes certifications in First Aid and C.P.R. for the professional rescuer.

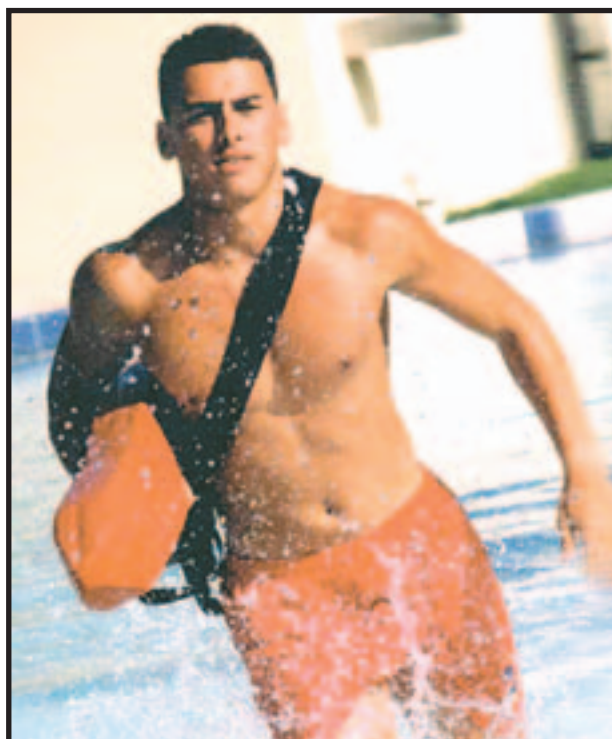
Course prerequisites:

- Must be 15 years old
- Swim 500 yards nonstop
- Retrieve 10lb weight from a depth of 12 feet
- Tread water (using legs only) for 2 minutes

Fee:
 \$75 residents
 \$125 non-residents

Lifeguard Training Course

Location: Eldorado pool
Dates: 6/7 – 6/18 (session 1)
Hours: Monday-Friday 8:00 am-12:00pm
Code: 42810
 Please register by 5/27/04



WATER SAFETY INSTRUCTOR

The American Red Cross WSI course is offered to those interested in becoming a certified swim instructor. The class includes F.I.T. training.

Course prerequisites:

- Must be 17 years old

Fee:
 \$120 residents
 \$180 non-residents

WSI Course #1

Location: Eldorado Pool
Dates: July 19-31 (session 4)
Hours: Monday-Friday 8:00 am-12:00pm
Code: 42863
 Please register by 7/9/04

RECREATIONAL SWIM TEAM

This program focuses on enhancing and improving swimming strokes, while maintaining a recreational environment. Swimmers will be taught proper strokes, starts and turn techniques. Participants must be able to swim 25 yards across the pool in any of the four competitive strokes; level 4 proficiency.

Several types of Recreational Swim Meets are held throughout this 8-week program. Swim team handbooks will also be available the first week of practices, further explaining recreational philosophies, as well as swimmer / parent participation.

Ages: 5-18
Dates: June 7 – July 30
Fee: Recreation Swim Team fees are payable to the City of Scottsdale:
 \$64 Residents
 \$96 Non-Residents
Times: Practices are conducted M-Th and every other Friday mornings.

| Pool | Age | Time | Code |
|----------|------------|-------|-------|
| Cactus | 6 & Under | 8 am | 41532 |
| | 7 – 10 yrs | 9 am | 41533 |
| | 11 & older | 10 am | 41534 |
| Eldorado | 10 & Under | 8 am | 42590 |
| | 11 & older | 9 am | 42591 |



RECREATIONAL DIVE TEAM

Program objective is to improve diving skills through skill progression and techniques. Previous participation in a diving class or team is recommended. Participants must be at least 6 years old by the start of the program.

Recreational meets are held between valley pools generally on Tuesday evenings and possibly Saturday mornings.

Ages: 5-18
Dates: June 7 – July 30
Fee: Recreation Dive Team fees are payable to the City of Scottsdale:
 \$64 Residents
 \$96 Non-Residents
Times: Practices are conducted M-Th and every other Friday mornings.

| Age | Time | Cactus | Eldorado |
|------------|---------|--------|----------|
| 10 & Under | 8:00 am | 41530 | 43748 |
| 11 & Older | 9:00 am | 41531 | 43749 |

Labor Day Luau

ELDORADO POOL

September 6th, 2-4 pm

Come frolic in the beachfront entry and have fun in the water play features.

Join us for this annual aloha event.

Games, Give-aways and a Good time!

Admission is FREE!

Call (480) 312-2361 for more info!

COMPETITIVE TEAMS

Scottsdale Aquatic Club

A United States Swimming Team

The City sponsored Scottsdale Aquatic Club is a year-round competitive swimming team. The team offers competitive swimming instruction and competitions for swimmers of all ages including adult masters program. Workout times and fees vary according to group. This program is available only at Cactus pool. For more info, call (480) 951-5368 or visit www.scottsdswim.com

Clavadistas Del Sol

A United States Diving Team

The City sponsored Clavadistas Del Sol is a year round competitive diving program open to divers of all abilities and ages. Both developmental and Master's diving is available. Workout times and fees vary according to group. This program is available only at Cactus pool. For more info, call (480) 312-7665 or visit www.cdsdiving.org

Scottsdale Synchro Arizona

A United States Synchronized Swimming Program

The City-sponsored competitive synchronized swimming team is open to swimmers ages 8 and up. Swimmers should have the following skills: float on back & stomach, tread water, swim the front & back crawl, breaststroke, dive, swim underwater, and feel comfortable in deep water. The team offers basic and advanced instruction in figures & routines, plus competition. Practices 3 times a week; more may be scheduled during competitive season. For more info, please call Diane Stockwell at (480)538-0309 or visit www.scottsdswynchro.org

SYNCHRO BEGINNER SUMMER CAMP

Learn the exciting sport of synchronized swimming! Basic Skills and Fun!

2 days a week from July 12th – Aug 6th, 2004

4:30 – 6:30 pm at Eldorado Pool

\$75 includes USSS Swim Team Membership

For more info, call Christine DeAcetis at 623-570-9561

WET-N-WILD WATER DAZE

ELDORADO POOL

June 18th, noon to 3pm

Wild and Wacky afternoon of fun aquatic activities for kids of all ages.

Admission is FREE!

For more information, call (480) 312-2755.

AQUATIC WEATHER POLICY

The Aquatic facilities will be closed during electrical storms and other inclement weather. If the pool is closed & lessons are cancelled, lessons will not be made up. If three or more days in a session are missed due to weather, a credit can be issued to each participant for each day missed over 3 days. The credit must be requested and is good for future programs. Always call ahead to verify pool closures.



CHAPARRAL POOL

July 23rd, 11 – 3 pm

The City's premier event is open to kids of all ages—don't miss this one.

\$1 per Child / \$2 per Adult

Call (480) 312-2740 for more info!